Fast Living-Reckless Enting-Hard Drings Ing-Poor Siceping-Social Jealousy-The Race for Money.

The alarming disease of this country is nervous debility and prostration. It goes under many names but it is essentially the same complaint, Hospitals and private institutions for nervous patients are crowded. The average of life in the United States is decreasing every year. Sudden deaths from nervous collapse among our business, professional and public men are so frequent as scarcely to excite remark. The majority of suicides, committed without apparent reason, or underso-called "depression of spirits," are really prompted by nervous prostration, which is a fruitful source of insanity and crime with all their grief and horror.

These facts are startling. They threaten the very life of the nation. They assail the springs of its power and prosperity. They wreck manhood's strength and woman's usefulness and beauty.

Every one should know the causes. What are they? The answer is easy and terribly plain: Our vicious personal habits; our careless and lawless eating and drinking; the intense mental and physical strain arising from our mad race after money, position and influence; the fears and struggles of poverty; the use of narcotics and stimulants; our fashion of turning day into night and night into day; and, briefly, our desperate willingness to pay any price for an hour's pleasure or success. So we burn life's candle at both ends and fill the lunatic asylums and the graveyards.

The disease from which we suffer and die is, in plain English, Nervous Dyspepsia, as it is seated in the Nerves and in the organs of Digestion, Assimilation and Nutrition. Healthy digestion being impeded or destroyed, the whole body, nerves included, is literally starved; even when there is no emaciation to tell the sad story.

Nervous prostration sends out its warnings:-headache in the morning; a persistent dull heaviness or aching at the base of the brain; wakefulness; loss of appetite and disgust with food; loss of mental energy and interest in ordinary duties and business; restlessness and anxiety without any assignable reason; eructations; bad breath; foul mucous on the teeth; occasional giddiness; palpitation of the heart; sallowness of the skin; coated tongue and gradual failure of strength and ambition.

The remedy is a total abandonment of the habits and customs which cause the disease in each individual case, and the use of Shaker Extract of Roots (Seigel's Syrup) to cure the mischief already done. This great remedy, prepared by the Shaker Community of Mt. Lebanon, N. Y., is especially adapted to eradicate Nervous Dyspepsia. To do this it acts directly and gently but powerfull apon the disorder distomach, liver and kidneys, restoring their tone and vigor, promoting the secretion of bile, expelling waste matters from the system, and purifying the blood.

Upon the nervous system Shaker Extract(Seigel's Syrup) acts as a safe and wholesome anodyne without the slightest parcotic effect, and then leaves the nerves to regain their natural tone and strength through its wonderful influence upon the function of nutrition.

It is safe to say more nervous dyspeptics have been restored by it from the depths of misery to a fresh enjoyment of life and labor than by any or all other forms of treatment combined. 0.000

The Cumberland Presbytery of Tennessee at its recent session resolv ed that its members should give their aid to every movement having for its object the suppression of intemperobject the suppression of intemperanc; and it was further agreed that all the churches of that denomination should "take a bold stand in favor of the constitutional amendment to be voted on in Sentember." This is a voted on in September." This is a new departure for Presbyterianism.

A well-known English lady has sent the Pope a valuable Easter egg; the shell is of ivory, lined with while satin and yoke is a golden case wherein is a large ruby set in diamonds, the whole being worth over £2,000.

In I BAUK, MI BAUK!

RELIEVED IN ONE MINUTE.

Aching backs, hips, and sides, kidney and ulcrine pains, weakness and infamination, rheumatic, neuralgic, ediatic, sudden, sharp and nervous pains, coaghs, colds and strains relieved in one minute by that new, original, elegant and infallible antidote to pain and infamination, the Cutleura Anti-Pain Plaster. 25 cts.; 5 for \$1; at all druggists or Potter Drug and Chemical Co., Boston.

Saved by Kindness.

We will call him Jim, for I do not shoulder, and said:

"If I thought you cared, I would:

"Have I made any gulf, Jim? Think moment before you answer."

"No-you haven't." "If you had been a millionaire, ould I have treater you more like a gentleman?"

"No, you couldn't."

"I do care, Jim." "Say it again, won't you?"

There were tears in the man's eyes "I do care, Jim," with tender little

mphasis on the Jim. drop of liquor as long as I live. Here's

my hand on it." This was fifteen years ago; and 'Jim" is to-day the respectable and respected Mr .- Saved by a kind word! will you make an effort this week to save some one by kindness?-Christian Advocate.

Remarkable Case of Hearing Restored.

COLUMBIA, S. C., MAY 2, 1887. Mr. T. S. Page, 41 West 31st St., N. Y. City-Dear Sir: I feel that I would be neglecting my duty were I to fail in giving my testimony as to the value of your treatment for deafness. I have been deaf for eight years and am now well, thanks to your wonderful discovery. I advise all who are deaf to give your medicine a trial. I will recommend it to any one who will call on me, or write. enclosing a stamp.

Respectfully, Mrs. D. L. Senn. The case of Mrs. Senn was about hopeless from the start. She continued to take the medicine steady for many months before any noticable change in hearing. Ordinary cases, by this new discovery, require only from two to four months to effect a cure.

While six negro boys were preparing to go shooting near Wilmington N. C., a shotgun was discharged and two of them were killed outright, two died soon after, and the fifth wa wounded. The only one uninjured was the boy who held the gun.

One year ago last Wednesday the Anarchists of Chicago threw the fatal bomb. The result was seven policemen killed, eleven crippled for life, twelve so injured that they are still unfit for duty, and seven conspirators are in prison sentenced to death.

New Advertisements.

WANTED WOMAN Active and intelligent to business in own locality. Permanent position and good salary. References exchanged. Gay Mfg. Co. 16 Barclay-st. N. Y.

ACENTS WANTED (samples free)
ELECTRIC CORSETS, BRUSHES, BELTS, ETC. No. anteed. DR. SCOTT, 841 Broadway, N. Y.

SHORTHAND By mail or in ness. Book-keeping, etc. In SIMRA, N. Y. Iffe work at SCHOOL OF COMMERCE, N. A. Miller, Pres.

WANTED LADIES TO WORK \$7 to \$10 per week can be quietly made. No hoto painting: no canvassing. For full partie lars, please address, at ance, CRESCENT ART .J., 147a Milk St., Boston, Mass. Box 5170.

parkeds its causes, and a new and success-one who was deaftwenty-eight years. Treat-ed by most of the noted specialists without benefit. Cared himself in three months, and since then sundreds of others. Full parculars sent on application, T. S. PAGE, No. 41 West, 31st St., New York

HIRES' ROOT BEER Package, 25 cents: makes 5 Gallons of a dell

cions, sparkling, temperance beverage, Strengthens and purifies the blood. Its purity and delicacy commend it to all, Sold by all druggists and storekeepera CURE THE DEAF

Patent Improved Cushioned Ear Drums Perfectly Restore the Hearing, no matter whether deafness is caused by colds, levers, or injuries to the untural drums. Alvays in position, but invisible to others and comfortable to wear. Music, conversation, ven whispers heard distinctly. We refer to ose using them. Send for illustrated book of proofs free. Address F. Hiscock, 849 Broad-

Established FAY'S MANILLA ROOFING!

OH! MY BACK, MY BACK!

Three years ago I contracted a blood paison remember his name. He had lost all I applied to physician at once and his treatrespectability, and was a common gut-ter drunkard. His family had disown-flot springs and remained two months, but ed him, and would not recognize him nothing seemed to cure me permanently, atwhen they met him. Occasionally he though temporary relief was given me My condition grew desperate and I applied to a noted would get a job at the stables where quack, but I did not improve. I then used a prep-Dr. Davis kept his horses. One morn- aration which was prescribed "gratis" but it coning the doctor laid his hand on his tained too much alcohol and aggravated my sufferings. I then placed myself under the treatment of a noted Nashville physician and for a "Jim, I wish you would give up the time was benefited, but by fall I returned home a ruined man physically and financially, with but little prospects of every getting well. My There was something very like a money being exhausted, I did not know what to quiver on the man's lips as he an- do. In May, 1885, my mother persuaded me to get a bottle of B. B. B. (made in Atlanta) and 1 did so to gratify her, but to my utter astonishment I had not finished the first bottle before out there is a great gulf between you every ulcer had been healed.

To the present time I have used five bottles and have received more benefit than from all the rest combined; and I am satisfied that B. B; B, is the most wonderful blood purifier ever before known, and I urge all afflicted young men to try one single bottle and be convinced. I can ruly say I think it the best medicine in the

VERY NERVOUS

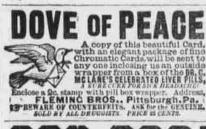
For many years 1 have been afflicted with Rheumatism combined with some Kidney Troubles. Indigestion finally added to my mys tery and I soon became feeble and very nervous, and my whole system was prosated, sever al physicians were employed and numerous pat ent medicines resorted to without benefit. Aft "Dr. Davis, I'll never touch another er seeing so many testimontals extolling the wonderful merit of B. B. I commenced its use and the effect was like magic. Rheumatpains ceased, my kidneys were relieved and my constitution improved at once, and 1 cheerfully recommend it to others who may be similarly afflicted. Miss S. TOMLINSON. Atlanta, Ga., May 4, 1886.

TO THE PUBLIC.

CHARLOOTE, N. C., April 21, 1886. After using B B B I unhesitatingly state that it did more good for my Kidney Complaint than all other remedies combined its action is speedy and I cheerfully recommend it for Kidney Derangements.

T. B. CALLAHAN.

All who desire full information about the cause and cure of Blood Poisons, Serofula and Scrofulous Swellings, Ulcers, Sores, Rheumatism, Kidney Complaints, Catarrh, etc., can secure by mail, free, a copy of our 32-page Illustrated Book of Wonders, filled with the most wonderfuland startling proof eyer before known, Address, BLOOD BALM CO.,



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THE EASIEST SELLING

THE WHITE IS THE PEER OF ANY SEWING MACHINE NOW UPON THE MARKET.

ITS CONSTRUCTION IS SIMPLE POSITIVE AND DURABLE. ITS WORKMANSHIP IS UNSUR PASSED.

Do not Buy any other before trying THE WHITE. PRICES AND TERMS MADE SATISFACTORY

DEALERS Wanted! White Sewing Machine Co..

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classes with employment at home, the whole of the time, or for their spare moments. Busines new, light and profitable Persons of eithe sex easily earn from 50 cents to \$500 per exeminand a proportional sum by devoting all the time to the business. Boys and girls earn mean lease much as men. That all who see this many

FOUTZ'S HORSE AND CATTLE POWDERS

and cream twenty per cents and care or prevent almost EVELT Fourth Powders will care or prevent almost EVELT Disease to which Horses and Cattle are subject. Fourth's Powners will give Satisfaction, Sold everywhere.

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STAR" CHEWICAL. \$200.00 EACH

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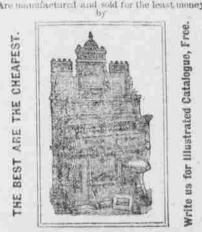
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Special 30 Day offer now ready. The oldest organ manufacturer in Washington, S. J. 20 years manufacturing organs. This organ will be sent on 15 days' best trial. 29,000 of these organs now in use. They are beautiful, they are sweet, they are lasting. H. W. Alleges, Washington, N. J.

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stimulates the torpid liver, strengthens the digestive organs, regulates the bowels, and are unequaled as an

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are of eczema or salt rheum, I deem It advisa- no skin only on the end of my nose was a pini to give you a detailed account of my case, color. Next day it was kind of white, and nd as there is, and always will be a prejudice could place my hands on the sores without gainst advertised remedies, you have my con-being painful. In about two weeks I could ent to publish this testimonial, and all inquissional straight, but not walk, I was so weak; but es, by letter or in person, I will cheerfully and but my sores were nearly well. Then, I com wer. I do this that people who go on year afe menerd the use of CUTICURA RESOLVENT, and year paying out large sums of money to in- in three days I was worse than ever. I was on conjetent physicians and receive no cure, or mass of praples from the top of my head to the ven relief, or end in filling a premature grave. soles of my feet; to say they were painful was nearly my case, may be induced to make | would not justify to the case. In from two to trial of the wonderful Curreum Remedus.

At the age of three months a rash made 3ts dropped off and left the spot pure and the ski appearance on my face. A physician was call- white, and as near as I can Judge I was cure ed, he said teething was the cause, he prescrib- in about six to eight weeks, and up to this dat ed some cooling medicine, but the sores spread (i. e. from January, 1879, to January, 1887) I have to my care and head. Another M. D. wascalled. not been sick in any way, or have had the lead He professed to know all about the case, called signs of the disease reappearing on me. I have do Collewah

flour; another, linsced poulties. None of yet. The only difference I find in myself is that them did me any good at all, but made me my skin is mucr, softer, and not so liable to get worse. The disease continued unabuted; it chapped as is other persons.

spread to my arms and legs, till I was laid up | No doubt many persons will not believe the and I had to have a towel on my head all the carrago, Lt., Jun 20, 1887, time in the summer to keep the flies off. My

legs so that I could walk, but I would not let Scar, an exquisite Skin Beautiller, prepare trol of them.

The disease continued in this manner until 1

was seventeen years old, and one day in January, 1826, in the Chicago Tribone, I read an account of your medicines. They described up case so exactly that I thought, as a last resort,

Sold everywhere. Frice, 6 Sold everywhere. Frice, CUTICURA, 300; to give them a trial.

When I first applied the CUTICURA, I was all raw and bleeding from scratching myself, but when I applied it I went askeep almost immediately, something I had not done for years, the

In returning thanks to you for my miraculous | The first morning after using it my flesh (I had t"King's Evil," and prescribed gunpowder, an excellent appetite, have the very best of rimstone, and lard mixed into a salve, but the health. My limbs are straight, supple, and lisease continued. They could not do anything strong I have been exposed to all sorts of with it. Another prescription borax, water and weather without the least sign of the diseases

entirely, and from continual sitting on the floor almost improbable story, many will think it on a pillow my limbs contracted so that I lost grossly exaggerated. I don't blame them a bit all control of them, and was utterly helpices. If they do, but to satisfy themselves, they can My mother would have to lift use out and into call or write is me and find out if what I have bed. I could get around the house on my hands and feet but I could not get my viothes on at all, and had to wear a sort of dressing Thave received by your CUTHORN REMEDIES.

gown. My hair had all matted down or fallen. Gentlemen, let me again thank you for my off, and my head, face, and ears were one scale, entry, limb Dearborn St., W. J. McDONALD

parents consulted a prominent physician and. Nothing is known to science at all compara surgeon here in Chicago (the other physicians) bio forho Curiouna Remembs in their marvelbefore mentioned were of Dundas Hamilton, one properties of cleansing, purifying and beau Canada), he said he could do nothing for sec, that the chances were that I would grow out of it, or that it would strike inwardly and bill me skin, scalp and blood, with loss of hair. in time. He wanted to cut the stnews of my | Curiousa, the great Skin Cure, and Curiousa

> tive cure for every form of skin and blood dis-Sold everywhere, Price, Curicuma, 50s

No. 5. No. 37. the new Blood Parifier, internally, are a pos-

64 pages, 50 illustrations, and 100 testimonials.

A Well-Known Physician.

THE SWIFT SPECIFIC CO.-GENTLEMEN: During the year 1576 I was attacked with articular theumatism—the effect of exposure to dampness and night air. I exhausted all the remedies known to our profession, including iodide of potash in various combinations, wine of colchicum, fluid extract of poke root and various other preparations, including a patent potash I was also treated for several years by a number of our best physicians, but obtained no permanent relief. For nearly a year I was confined almost continuously to my bed, and could not attend to business of any hind. Being a practicing physicing I was somewhat prejudiced against patent medicines, but coming in contact with traveling salesmen almost every day, who with one accord recommended the S. S. S. to me, τ finally concluded to try it. I commenced improving while using the first bottle, and when I had finished half dogen bettles I was so much improved that I was able to walk about and attend to my business once more. I consider your Swift Specific the best tonic and alterative made and I do not hesitate to prescribe it in all cases requiring a reliable blood purifier. Very traly yours,

H. C. EDMONDS, M.D.

VERMIFUGE

not sufficient. He must look closely and carefully when the distribution of the control of the c

"THE GIRL I LEFT BEHIND ME."



This picture will be for

THE T. T. HAYDOGK CARRIAGE CO., Cor Plans and Twelfth Sts., CINCINNATI, O. 10 INVESTMENT SO PROPITABLE.





East Tennessee and Western North Carolina Railroad.

TIME T	
WESTWARD.	
Ly Cramberry Kilk Park Shell Crock Goan Mosulain Crab Grehard White Rock Bleyens Pardee Four Hampton Valley Forge Elizabethion Gladeland Watninga Point Millegan Shiking Crock Arr Johnson City	12.40 pm
. KASTWARD,	Mail Mixes No. 1. No. 5.
Ly Johnson City 'Sinking Creek 'Milligan 'Warauga Point 'Gladeland 'Elizabethon 'Valley Forge 'Hampton	7.30 am 1.00 pm 7. am pm 7.43 am 1.17 pm 7.50 am 1.25 pm 7.55 am 1.32 pm 8.08 am 1.52 pm 8.15 am 2.05 pm 8.30 am 2.30 pm

TIME TABLE E. T. Va. & Ga. R. R.

Shell Creek Elk Park

AND CONNECTIONS. IN EFFECT, NOV. 7, 1886.

seas steriotian, Central standard Time.			
East Tennessee Division.			
WESTWARD,	No.1.	No.7.	
Leave Bristol do Johnson City do Johnson City do Jonesbero do Greeneville do Rogersville Junction do Morristown do Mossy Creek do Strawberry Plains Arrive at Knoxville Leave Knoxville do Concord do Loudon do Sweetwater do Athens do Charleston do Cleveland do Goltewah	8 20 am 9 24 am 9 32 am 10 25 am 11 08 am 11 37 am 12 05 pm 12 05 pm 2 02 pm 2 02 pm 2 25 pm 3 25 pm 8 35 pm 8	2 21 81 2 40 83 3 32 8 4 17 8 4 45 8 5 30 8 6 10 8 6 25 8 7 80 8 8 50 8	

	ive at Chattanooga	5 40 p m	9 54 a m 10 30 a m
	TASTWARD		No. 1.
d d d d d d d d d d d d d d d d d d d	ve Chattatiooga o Ooftewah e Cleveland o Charleston o Athena o Sweetwater o Loudon o Concord rive at Knoxville ave Knoxville ave Knoxville ave Knoxville o Strawberry Plains o Mossy Creek o Morristown o Rogersville Junction o Greeneville o Jonesboro o Johnson City rive at Bristol	1 34 p m 2 02 p m 2 39 p m 3 10 p m 3 57 p m 4 24 p m 4 51 p m 5 20 p m 6 17 p m 7 09 p m 7 26 p m	10 15 p m 11 00 p m 12 3p m 12 3p m 12 48 a m 1 13 a m 1 45 a m 2 17 a m 2 17 a m 2 17 a m 3 10 a m 3 38 a m
	Ohio Divi	sion.	

Leave Knoxville de Black Oak de Powell's de Powell's de Clinton de Offatt's de Coal Creek de Carcyville de Buckeye de Elk Valley de Newcomb Arrive at Jelliee de at Louisville Ky, de at Cincinnati, O.	0 30 p m 6 44 p m 6 54 p m 7 55 p m 7 30 p m 1 47 p m 8 25 p m 8 55 p m 9 45 p m	
SOUTHWARD	No. 6.	10:27
Leave Cincinnati, O. do Louisville, Ky do Jellico do Newcomb do Elk Valley	5 20 a m 5 35 a m 5 54 a m	

Clinton Heiskell's Powell's Black Oak CONNECTIONS.

AT CHATTANOOGA with railroad lines diverg-ing, making direct close connection for all oints Morthwest, West and Southwest, Ar CLEVELAND with Georgia and Alabania Division for Atlanta, Calera, Montgomery, New Orleans and all points South, Southeast and AT KNOXVILLE WITH Ohio Division and Kina-

AT JUNCTION CITY WITH C., N. O. & T. P. R. R. At JELLICO with Louisville and Nashville 4. L for Louisville and Northwestern points.

At Monnistows with North Carolina Division of Warm Springs, N. C. and all Western and Hiddle North Carolina points. AT REGERSVILLE JUNG ON with Rogersville and Jefferson Railroad. AT JOHNSON CITY WILL East Tennessee and Western North Carolina saliroad.
AT Buston with Norfolk and Western Rail-load, connecting casely for all Virginia and Rastern etiles, via Lynchburg, and all Fastern, Middle and Northern States, via Roanoke and Shenandoah Valley route.

SLEEPING-CAR SERVICE. Nos. 1 and 2 have Pullman Sleepers between temphis and New York via Shenandoah Valley orth. Also Pullman Sleeping Cars between leveland and Sew Orleans, via Calera and ntgomery. los. 3 and 4 have Pullman Palace Sceeping

Cars between Chattanooga and New York, yla Shenandoah Va'ley route. Also Pullman Sleep-ng Cars between New Orleans and Washington yla Atlanta, Cleveland and Lynchburg. Also Sleepers between Knoxville and Louisville ou Nos. 35 and 36. B. W. WBANN, G. P. & T. A.
HENRY FINK, Receiver,
F. K. HUSER, Sup't.
C. W. DESAUSSURE, A. G. P. A.
Ku oxville, Tenn

out and return to us, and we will send you free, something of great value something of great value and importance to you, that will start you in business which will bring you in more money right away than maything else in the world. Any one can do the work and live at home. Either sex, all ages. Something new, that just coins money for all workers. We will start you; capital not needed. This is one of the genuine, important chances of a lifetime. Those who are and bitious and enterprising will not delay. Grand outfit free. Address TRUE & Co., Augusta, Me.

